

Expedition C.V

Rolfe Oostra(dob1970. Australian)Professional Alpine Climber.International Expedition Leader.

BSc (Ecology/Biology), FRGS, UIMLA (UIAA), SPA,First Aid Instructor (Expedition speciality), PADI (Dive-master).

MOUNTAIN.

Alpinism/Mountaineering.Grades in French Alpine scale.

A * Symbol indicates route was completed but no traverse to the true summit of the peak achieved or route was descended from high on the peak due to adverse conditions and/or objective danger.

High Altitude Expeditions: 2016 summary: 60 x 6000 meter peaks, 5 x 7000 meter peaks, 6 x 8000 meter peaks.

30 years of climbing. Ascents include:

OCEANIA

Australia

- Rock-climbed over 1000 rock routes. leading grade 23 (F6c) in all Australian states.
- Extensively developed Ginninderra Gorge area. 12 first ascents up to grade 23 (F6c).
- Worked as a climbing instructor on weekends.
- Climbed "Ozymandias" (M5 multi-day aid route) and several other hard aid routes at Mt.Buffalo. Victoria.

• Extensive ski touring ,snow camping and ice climbing during four winter seasons in Kosciusko National park

- Mount Kosciusko. 2228m. Two summer ascents. One winter ascent.

Australia trekking

- Kangaroo Island trek from Cape Borda to Cape de Quediac.(8 days)
- NSW national parks such as Kosciusko, Morton, Washpool, and Girraween. (All treks more than 5 days in duration.)
- Tasmania: Western and Eastern Arthur's, Overland, Mt.Anne and Freycinet Peninsula. (All treks longer than 7 days in duration).
- Taught Kayaking and canoeing for two summer seasons on the Murreumbidgee River.
- Tasmania: Kayaked Georges river.(5 days) and sea kayaked North west coast (4 days)

New Zealand Southern Alps.Four climbing seasons. Ascents include:

- Mt. Cook. 3755m. Several routes: North-West Couloir (AD), Porters Col route (AD+), South Face (TD *) Earls Ridge (D). Guided Hooker face route (D) and Linda Glacier route (AD *)
- Mt.Tasman. 3498m. Via Heemskirk face (TD) and Silberhorn (AD+)
- The Footstool. 3279m. East face. (D) and Normal route (AD)
- Mt. Lendenfield: 3199m. Normal route (PD+) and Peter Hillary route (D)
- Silberhorn. 3279m. Silberhorn ridge (AD)
- Malte-Brun. 3198m. Zig Zag route (D *)
- Mt.Hadinger. 3066m. West face. (AD+)
- Mt.Dixon. 3022m. (PD+)
- Minor summits include: Peak 9914 (PD), Hotchetter Dome. 2822m. (PD) Augille Rouge (AD) Almer (F) Mt.Seally (PD) Mt.Massey (PD) Mt.Wakefield (F) Madonna peak (PD) Lean Peak (F) Bride veil peak (AD)

- Taught 3 x Alpine skills courses at Mt.Cook national park

New Zealand Trekking:

- Steward Island, 18 days (solo.)
- Crossed Copland Pass in winter (solo).
- Frenchman's Hut /Mount Aspiring

NORTH AMERICA

USA. Denali (6180 m) West buttres.Summit with 2 clients.

SOUTH AMERICA and CENTRAL AMERICA

Bolivia Cordillera Real and Cordillera Apolobamba.

- Pico Choss. 5000m. (PD)
- Pico Oro. 5200m. (PD. Winter. Solo).
- Pico Shultze. 5943m. Southeast face route-variant. (AD)
- Ancohumá. 6427m. West face. (AD).
- Ancohumá. 6427m. North ridge. New route. (D+ *)
- Illampu. 6368m. South-west ridge. (D *)
- Illimani Norte. 6403m. Guided South ridge. (D-).
- Guided for eight months in mountains near Sorata village. 6 climbs.

Bolivia trekking.

- Guided Camino de Oro trek (alpine and Rain-forest).
- Led Yunga Cruz trek (alpine and cloud forest) three days.
- Guided on various jungle treks including the Mapiri trail and Choro trail (7 days).
- Trekking through very remote Cocoyo region of alto Plano (6 days).
- Cordillera Apolobamba..Madidi National park. 7 days.

Peru. Cordillera Blanca

Taught alpine skills courses and ice climbing courses at Pico Pastoruri. 5240m. one season.

- Pukaraju. 5346m. Guided South face. (PD).
- PiscoOeste. 5752m. Guided S-W ridge. 3 clients (PD+).
- PiscoOeste. 5752m. Guided S-W ridge. 2 clients (PD+).
- Churrua-Chico. 5100m Guided 2 clients. 10 hrs from Huaraz. (PD-)
- Alpamayo. 5947m. Guided Ferrari route **2 x**. (AD/D).
- Shaqsha. 5703m. Guided North-west face. (AD *)
- Shaqsha. 5703m. South-ridge. (AD). One day from Huaraz.
- Huascaran Norte. 6655m. Guided S-E ridge. (AD).
- Huascaran Sur. 6768m. Guided Garganta route **2 x** (PD *).
- Copa. 6188m. South -East face. (AD+/D)
- Huandoy. 6395m. North-east face. (D+ *).
- Bayo/Haupi. 5415m. South-west ridge. (AD).
- Peak 5330. (5330m). Guided west slope. (F)

Peru Trekking

- Guided Santa Cruz trek. 4750m. 4 days.
- Guided on the Inca trail on eight occasions.

Argentina Cordillera's Aconcagua, Ramada and Tupungato.

Aconcagua. 6962m. Direct-Polish Glacier. . (D+ solo *)

- Aconcagua. 6962m. Nidos de Condors route. 2 x solo.
- Aconcagua. 6962m.. Guided **10 x** expeditions.
- Aconcagua. 6962m. Speed ascent BC to C2 in 2hrs. C2 to summit in 4 hrs.
- Pico Bonete. 5035m. **7 x** occasions. (F)
- Pico Ameghino. 5860 m. from the Polish glacier route. (PD. solo)
- Pico Castillo. 5300m. N-E coloir (D+)
- Tupungato. 6550m. West ridge. (PD)
- Mercedario. 6770m. North-east ridge. (AD solo)
- Mercedario Sud. 6210 m. North- face. (D).
- High Andes: La Plata. 6035 m. Normal route. (F solo.).
- Climbed 14 routes at Los Arenales up to grade F6a+ (multi pitch). 3000m rock spires.

Chile Patagonia Trekking.

- Guided on the Torres del Paine circuit.
- Worked as a horse riding guide on an across the Andes horse traverse.

Nicaragua Trekking.

- Volcan Madeira (1394m)
- San Juan peak (865m)
- Selva Negra peak (1457m)
- Mogodon (2438m)

ASIA

Pakistan Karakoram

- Peak 5800m rock spire. (D)
- Ghondogoro Peak. 6000m. (F).
- Drangra Peak 6310m Peak. West face.Mixed.(AD+).
- Masherbrum *. 7820m.

Pakistan Trekking:

- Batura glacier. Karakoram. (8 days).

Nepal

- Mera peak. 6476m. Guided **14 x** Expeditions (F) North, Central and South summits.
- Lobouche West. 6135m. South ridge.(AD+. Solo.)
- Lobouche East (6200m). Guided normal route (PD+.) **4 x**
- Peak 41. North- Front summit.6120m. North-West buttress.(D+).
- Island peak. 6189m. Guided **4 x** successful expeditions. (PD).
- Island peak. 6189m. South west ridge. AD.
- KussumKanguru. 6468m. (AD+ *)
- Yala peak. 5500m. NE ridge. (AD-)
- AmaDablam. 6812m. Guiding **2 x** expeditions (AD *)
- Manaslu. 8165m. Guided 4 clients. Successful summit with 2 clients.
- Mount Everest (8848 meters) Evacuation from Camp 1. (6100 m) after Earthquake.
- Mount Everest (8848 meters).Successful summit.(One client).
- Lhotse (8516 meters).Reached 8000 meters. No summit due to dangerous conditions.
- Cho oyu (8201 meters).Normal route.(6 clients).

Nepal Trekking:

- Guided Everest base camp trek **14 x** (5350m) and Kala Patar 12 x (5600m).
- Guided Annapurna trek (4200m).

China

- Muztagh Ata. 7548m. Guided successful expedition. First Australian ski descent.
- Great Wall of China. Guided 6 x 5 day treks.

Tibet Himalaya-MahalungurHimal

- LhakpaRi 7045m. Guided 6 clients. (PD+*)
- Tridon Peak. 6420m. solo. (AD+)
- Mount Everest. North Col. 7020m. (PD).
- Changtse (Everest North Peak). 7565m. Reached 7415m from North Col (AD+).

Tibet trekking:

- Guided Everest Advanced Base camp North side 2x (6300m)
- Guided Shishapangma base camp trek. (5200m).

Bhutan Trekking:

- Guided Chomolhari BC trek (5000m.)
- Guided Druk path trek. (3800m)

Vietnam

- Guided Mount Fansipan (3143m).
- Pou Long National park.Guided on 2 treks. 6 days each.
- Worked as a bicycle guide on two separate bike challenges from Saigon to Hanoi (8 day)

AFRICA

Tanzania Kilimanjaro

- Guided over 50 expeditions to Kilimanjaro. 5895m.
- Routes: Lemosho, Machembe, Western Breach, Rongai and Umbwe route.
- Fast ascent of Umbwe /western Breach route to summit down Mweka route 17hrs
- Meru Peak (4656m.)Guiding 3 successful expeditions.

Uganda Ruwenzori Mountains.

- Margarita. 5109m. South East Ridge. (AD. solo)
- Trekking: Kabalega National Park to Murchison Falls (6 days).

Malawi Mulanje massif.

- Sawpitwa 3002m. Solo.
- Chinzama west face. (AD+. solo).
- Mt. Chambe. East face. Gordon Gully Route. (TD).

Morocco Atlas Mountains

- Jebel Toubkal 4200m (F) and 2 other 4000m peaks. Guided 4 successful expeditions.
- Jebel Toubkal 4200m. Guided 2 x winter ascents.

Kenya Mount Kenya. Three climbing seasons. Ascents include:

- Batian 5199m. North-Face route (TD) and Guided Mackinder's Route (D+)
- Nelion 5188m. Guided McKinnions route (TD+) and Shipton Route **3x** (D-)
- Point John. 4885m. Guided the Italian route (D) and South ridge route (D+).
- Point Thomson 4955m. (AD)
- Point Meluish . 4880m. (AD).
- Point Lenana. 4985m. Guided 18 successful expeditions..
- Extensive rock climbing in Kenya's prime locations. (leading to F6c)
- Cherrangani mountains (West Kenya): Mt. Sekker. 3400m. Koh. 3000m. (D+)
- Sondhang. 3211m Mt. Kalelaikelat. 3349m
- Mount Longonot 2800m. (volcano)
- Lonely Peak. 1800m. (TD-). Shaba national park.

Kenya trekking:

- Matthew Ranges and climbed numerous peaks (4 weeks, 2500m. +).

Egypt Sinai peninsula.

- Started up Sinai's first and only rock climbing school .
- Guided clients on various climbing safaris to Wadi's Quanai, Connection, and Kidd.
- Established six first ascents at Wadi Kidd. (Graded up to F6a)
- On-sights routes up to grade F6c: hardest routes climbed (lead) were graded F7a.

Africa Trekking:**Mozambique**

- Isla de Mozambique to the Tanzania border. (330 kms. 11 days.)

Zimbabwe

- Chimani-mani Mountains. Two separate 5-day treks
- Chimani-mani range into Mozambique. Climbed the rarely climbed '5th range'. (6 days)

Ethiopia

- Guiding in the Simian Mountains: RasDeshen (4730m)

Eritrea

- Explored mountain area of Keren region. 2000m peaks.

EUROPE and ARTIC.**Greenland** Scoresby sound, Liverpool land and Jameson's land.

- Kaempehojen. 1200m. New route. South-east face. (AD+).
- Pk. 1180m. South Ridge. (F).
- Tvillingerne. 1430m. "Colouiroute". South-east face. (AD).
- Pk. 1230m. un-mapped: "Hermione Pk." (AD).
- "Anita's temple". 1245m. First ascent. (D+.)
- Pk. 1364m. (D+ *)
- Pk. 1364m. New route. East face. (PD+)

Iceland

- Hvanadalshnukur. 2119m. (AD *)

Iceland trekking:

- Guided on five separate 6 day treks in the central highlands.

Romania

- Guided 2 treks of 5 days Carpathian Mtns.
- Reconnaissance for 5 day Fagaras mountains traverse.

Switzerland

- Eiger 3940m. Mittelidg ridge.(AD *)
- Matterhorn 4462m. Guided 5 occasions.Zmuttgard-North west ridge. (D),Hornli Ridge. (AD), Lions ridge. (AD+)
- Matterhorn. 4462m. Hornli Ridge. Solo.(AD *)
- Spaggeti traverse: 10 peaks in 5 days; Beithorn 3394m, Pollux 4099m (AD-) , Castor 4228m (PD), Piramide Vincent 4215m, Scharzhorn 4321m (PD), Ludwigste 4341m (F), Parrotspitze 4432m (AD) Signalkuppe 4554m (AD+), Zumsteinspitze 4563m (AD, Monta Rosa 4563m (AD+) on two occasions.
- Awarded the International Mountain Leader Award. U.I.M.L.A (UIAA)

France Pyrenees and Mont Blanc.Eight climbing seasons. Ascents include:

- Guided 7 different groups on Haute Route trek: climbing 16 separate peaks.
- Guided numerous ascents on Peak Baum.3194m, Maupa peak 3091m. Spejoiles peak, 3200m and Gordoun peak, 3094m.
- Guided over 30 separate Aneto ascents. 3404m. (F/PD. Eight winter ascents).
- Guided Vignemale. 3300m. (Normal route. PD winter) **5 x**.
- Vignemale. 3100m. North face direct route. (TD)
- . Vignemale. 3100 m. Delinquents of the useless. (ED 1. 6+)
- Circ de Gavarnie: Fluid Glacial. (TD)
- Circ de Gavarnie: Freezante (D+)
- Pic de la Pic. 2700m. North face. (TD *)
- Pic de la Pic. 2700m. North –East Ridge.Winter. (AD+ *)
- Pic de Albe. 3107m. Arete Gendarmes (D-)
- Pic de Spiggeoles. 3066m. South- East face/Ridge (D-)
- Minor summits include: Petit Vignemale. 3050m. “serac route” (AD), Maupa peak. 3109m. EastRidge (AD), Crabioules.3116m (AD+),PicdePortilion(AD-),Maldeta 3308m.traverse North-South (AD+)
- Rockclimbing to leading grade F6b+/6c. (Climbed 8 x7a routes.)
- Extensive Ice-Climbing at Val de Aran, Luchon, Bielsa and Cirque De Gavarnie. Over 100 routes up To WI 5+ routes (8x WI4 solo.)
- First ascent of 70m. Grade WI 5 ice route.First ascent of 100m WI 4 ice route.
- Climbing instructor on many rock, ice and Alpine skills development courses.
- ALPS : Mt Blanc. 4810m. Guidedsuccessful ascent 2 xGouteroute.

United Kingdom

- Worked as an outdoor instructor for various adventure companies teaching team building, rockclimbing and expedition skills.
- Rock-climbing to grade E1 (F6c leading) 100+ routes. Devon, Wales and the Peak district.
- Awarded Mountain leader awards and Single Pitch climbing instructor award.

Scotland Glencoe.

- Crowberry gully (D).
- Ben Nevis: Moon gully buttress (AD),Italian climb (D),Curtain route (TD),Tower ridge (AD)

Wales Worked as a climbing instructor for 12 weeks total.

Russia

- Elbrus (5642m). Guided **7 x** ascents of west summit.(N-S traverse) and 3 of the Normal route. (Europe highest peak.)

JUNGLE

AFRICA

Zaire Congo rainforest basin.

- Paddled using local dugout canoes 1100 kms of the Congo and Mawimi rivers. (6 weeks).
- Trekged from Beni to Kisingani. (450 kms. 1 month.)

Tanzania

- Attempted to paddle the previously un-paddled Ifakara River (tributary of the Rufiji River) in the Selous National Park. - Unsuccessful due to hippopotamus attack.

Malawi

- Paddled using local dugout canoe 170 kms along northwest shore of Lake Malawi.

SOUTH AMERICA and CENTRAL AMERICA

Brazil Amazon basin

- Paddled using a local boat 1100 kms of the Rio Madeira 4 weeks. Expedition sponsored by Australian Geographic Society.

Bolivia Amazon basin

- Paddled using local dugout canoe the Rio Beni. (solo. 500 kms. Amazon Basin).
- Paddled using local dugout canoes the Rio Mammora for 1500 kms. Also many tributary rivers. (Bolivia's Amazon Basin. 5 weeks)
- Paddled using local dugout canoes the Rio Paraguay, Rio Itenez and Rio Mammora for 1700 kms (Bolivia's and Brazil's border Amazon Basin. 6 weeks).
- Trekged through remote Noel Kempf Mercado rainforests. (9 days).
- Rafted upper section of Rio Tuchi. Madidi National park. 6 days. Grade 4.

Ecuador Amazon basin

- Recognisance expedition. Set up cultural and naturalist program. 2 weeks.
- Worked as a rainforest guide on 2 separate 10 day cultural and naturalist expeditions.

Peru Amazon basin

- Guided the Rio's Perene and Tambo (400 km S.E Peru) using balsa rafts, local dug-out canoes and motorised boats. (2 weeks).

Panama

- Recognisance expedition. Found route to link Pacific Ocean with Caribbean Sea. Coast to coast walk. San Blas region. Jungle walk. (14 days.)

Costa Rica

- Guided on four 7 day long jungle/volcano treks.

DESERT.

- **Australia.** Led treks through remote parts of Mac Donald ranges, Mt. Giles and Olga Wilderness areas of the Australian interior. (All treks more than 7 days in duration.)

AFRICA

Morocco

- Guided on seven Sahara desert treks. (6 days each trek)

Kenya

- Trekged remote west shore of Lake Turkana to Ethiopia border (10 days).
- Led trek through Matthew range and crossed Chalbi desert (17 days). North Kenya.
- Lived with remote Samburu communities (2 months) and studied tribal customs and partaking in local ceremonies.

Ethiopia

- Trekged along course of Bako River (140 kms. Western Ethiopia. 1 week)
- Trekged along course of the remote Omo River (southern Ethiopia) to Lake Turkana (north Kenya) 11 days.
- Blue Nile . 110 kms 3 days.
- Lived with remote Hammar communities and studied tribal traditions. (3 weeks.)

SOUTHAMERICA**Chile**

- Cycled 500 kms across Atacama Desert. (10 days.

OCEAN**Australia**

- Obtained scuba license (F.A.U.I) and participated in diving expeditions nationwide.

Egypt Sinai Peninsula

- Obtained professional scuba diver qualifications (PADI Dive-master) and logged over 300 working dives. (Day check night boat safari and rescue dives).
- Dived extensively in Dahab area as well as leading safari dives to Ras Mohammad, the Straits of Tiran, Gabr el Bint and various other sites in the Red Sea. (110 dives)
- Logged over sixty deep dives (65m+) and set a personal deep diving record of 105m.

Honduras. Worked as a divemaster on Utilaisland for several weeks.