

## Expedition C.V

**Rolfe Oostr** (Australian born 1970) Professional Alpine Climber and International Expedition Leader.

BSc (Ecology/Biology), FRGS, UIMLA (UIAA), Rock-climbing Instructor Award, Expedition First Aid Instructor and PADI (Dive-master).

### Mountain (1984-2018)

**Alpinism/Mountaineering:** Grades in French Alpine scale. A \* Symbol indicates route was completed but no traverse to the true summit of the peak achieved or route was descended from high on the peak due to adverse conditions and/or objective danger.

#### High Altitude Expeditions:

2019 summary: 75 x 6000-meter peaks, 5 x 7000-meter peaks, 6 x 8000-meter peaks.

### Oceania

**Australia:** All states and Territories.

- Rock-climbed over 1000 rock routes. Leading grade 23 (F6c)
- Extensively developed Ginninderra Gorge area. 12 first ascents up to grade 23 (F6c)
- Worked as a climbing instructor on weekends.
- Climbed 'Ozymandias' (M5 multi-day aid route) and several other hard aid routes at Mt. Buffalo.
- Extensive ski touring, snow camping and ice climbing during four winter seasons in Kosciusko NP.
- Mount Kosciusko 2228m. Two summer ascents and one winter ascent.

Trekking: Kangaroo Island trek from Cape Borda to Cape de Quediac.(8 days)

NSW national parks: Kosciusko, Morton, Washpool, and Girraween. (Trek 5+ days in duration)

Taught Kayaking and canoeing for two summer seasons on the Murrembidgee River.

**Tasmania:** Western and Eastern Arthurs, Overland, Mt.Anne and Freycinet Peninsula. ( 7+ days)

Kayaked Georges river (5 days) and sea kayaked North West Coast. (4 days)

**New Zealand:** Southern Alps.

• Mt. Cook 3755m: North-West Couloir (AD), Porters Col (AD), Earls Ridge (D), Sweet Dreams (TD \*), Hooker face route (D\*), Zubriggens Ridge (AD) and Linda Glacier route (AD \*)

• Mt.Tasman 3498m. Via Heemskirk Face (TD) and Silberhorn (AD+)

• The Footstool 3279m. East Face (D) and Normal route (AD)

• Mt. Lendenfield 3199m. Normal route (PD+) and Peter Hillary route (D)

• Silberhorn 3279m. Silberhorn ridge (AD)

• Malte-Brun 3198m. Zig Zag route (D \*)

• Mt.Hadinger 3066m. West face (AD+)

• Mt.Dixon 3022m. (PD+)

• Minor summits: Peak 9914 (PD), Hotchetter Dome 2822m. (PD) Augille Rouge (AD) Almer (F) Mt.

Seally (PD) Mt. Massey (PD) Mt. Wakefield (F) Madonna peak (PD) Lean Peak (F) Bride Veil Peak (AD)

Trekking: Circumnavigation of Steward Island, 18 days (solo). Crossed Copland Pass in winter (solo).

Trekked Frenchman's Hut /Mount Aspiring.

### North America

**USA:** Denali (6180 m) West Buttress. Summit with 2 clients.

## South America and Central America

**Bolivia:** Cordillera Real and Cordillera Apolobamba.

- Pico Choss 5000m. (PD)
  - Pico Oro 5200m. (PD. Winter, solo)
  - Pico Shultze 5943m. Southeast Face route-variant (AD)
  - Ancohuma 6427m. West Face (AD)
  - Ancohuma 6427m. North Ridge. New route (D+ \*)
  - Illampu 6368m. South-West Ridge (D \*)
  - Illimani Norte 6403m. Guided South Ridge (D-)
  - Guided 6 climbs over eight months in mountains near Sorata village.
- Trekking: Guided Camino de Oro trek (5 days). Led Yunga Cruz trek (3 days). Trekked Cocoyo region (6 days). Trekked Cordillera Apolobamba National park (7 days).

**Peru:** Cordillera Blanca

Taught alpine skills courses and ice climbing courses at Pico Pastoruri. 5240m. one season.

- Pukaraju 5346m. Guided South Face (PD).
  - PiscoOeste 5752m. Guided S-W Ridge. 3 clients (PD+)
  - PiscoOeste 5752m. Guided S-W Ridge. 2 clients (PD+)
  - Churrua-Chico 5100m. Guided 2 clients. 10 hrs from Huaraz. (PD-)
  - Alpamayo 5947m. Guided Ferrari route **2 x**. (AD/D)
  - Shaqsha 5703m. Guided North-East Face. (AD \*)
  - Shaqsha 5703m. South-ridge. One day from Huaraz. (AD)
  - Huascaran Norte 6655m. Guided S-E Ridge. (AD)
  - Huascaran Sur 6768m. Guided Garganta route 2 x (PD \*)
  - Copa 6188m. South -East Face. (AD+/D)
  - Huandoy 6395m. North- East Face. (D+ \*)
  - Bayo/Haupi 5415m. South-West Ridge. (AD)
  - Peak 5330. Guided west slope. (F)
- Trekking: Guided Santa Cruz trek. 4750m **2 x** (4 days). Guided the Inca trail **8 x** and Lares valley **2 x**

**Argentina:** Cordillera's Aconcagua, Ramada and Tupungato.

- Aconcagua 6962m. Direct-Polish Glacier. (D+ solo \*)
- Aconcagua 6962m. Nidos de Condores route. 2 x solo.
- Aconcagua 6962m. Guided **18 x** expeditions. Nidos and Traverse routes.
- Aconcagua 6962m. Speed ascent BC to C2 in 2hrs. C2 to summit in 4 hrs.
- Pico Bonete 5035m. **7 x** occasions. (F)
- Pico Ameghino 5860m. Polish glacier route. (PD. solo)
- Pico Castillo 5300m. N-E colouir (D+)
- Tupungato 6570m. West Ridge. (From Tupungato village, PD, solo)
- Mercedario 6770m. North-East glacier. (AD)
- Mercedario 6770. South Face. (Japanese route, D-, solo)
- La Plata 6035 m. Normal route. (F)
- Climbed 14 routes at Los Arenales up to grade F6a+ (multi pitch). 3000m rock spires.

**Chile:** Patagonia Trekking.

- Guided on the Torres del Paine circuit.
- Worked as a horse-riding guide on an across the Andes horse traverse.

**Nicaragua:** Sierra Mogodon

- Volcan Madeira 1394m • San Juan peak 865m • Selva Negra peak 1457m • Mogodon 2438m

**Asia**

**Pakistan:** Karakoram.

- Peak 5800m rock spire. (D)
  - Ghondogoro Peak. 6000m. (F)
  - Drangra Peak 6310m Peak. West Face. Mixed.(AD+).
  - Masherbrum \* 7820m.
  - Great Trango Tower. 6284m. Guided successful ascent. American route variant. NE face (TD)
- Trekking: Batura glacier (8 days).

**India:** Ladakh region.

- Stok Kangri 6153m. Guided **4 x** successful ascents. Normal route. Total 48 clients.

**Nepal:** Hinku and Khumbu valleys.

- Mera peak. 6476m. Guided **16 x** Expeditions (F) North, Central and South summits.
  - Lobouche West. 6135m. South Ridge. (AD+ Solo)
  - Lobouche East (6200m). Guided normal route (PD+) **5 x**
  - Peak 41 North- Front summit 6120m. North-West buttress. (D+)
  - Island Peak 6189m. Guided **4 x** successful expeditions. (PD)
  - Island Peak 6189m. South West Ridge. (AD)
  - KussumKanguru 6468m. (D+ \*)
  - Yala peak. 5500m. NE ridge. (PD)
  - AmaDablam 6812m. Guided **3 x** expeditions, 1 x summit with 3 clients. (AD+)
  - **Manaslu** 8165m. (2013) Guided 4 clients. Successful summit with 2 clients.
  - **Mount Everest** 8848m (2015). Evacuation from Camp 1 (6100 m) after 2015 earthquake.
  - **Mount Everest** 8848m (2016). Successful summit. (One on one guiding)
  - **Lhotse** 8516m (2016). Reached 8000 meters. No summit due to dangerous conditions.
- Trekking: Guided Everest base camp trek **14 x** (5350m) and Kala Patar 12 x (5600m). Guided Annapurna sanctuary (4200m).

**Tibet:** Himalaya-Mahalungur Himal

- LhakpaRi 7045m. Guided 6 clients. (PD+\*)
- Tridon Peak 6420m. (solo AD+)
- Mount Everest North Col 7020m. (PD)
- Changtse (Everest North Peak) 7565m. Reached 7415m from North Col. (AD+)
- **Cho Oyu** 8201m (2016). Guided 2 x successful ascents in 24 hrs. 4 clients.
- **Cho Oyu** 8201m (2018). Guided successful expedition. 2 clients
- **Mount Everest** 8848m (2019). North East Ridge. Successful expedition, 4 clients summit.

**China**

- Muztagh Ata 7548m. Guided successful expedition. First Australian ski descent.

## **Bhutan**

- Guided Chomolhari BC trek 5000m.
- Guided Druk path trek 3800m.

## **Vietnam**

- Guided Mount Fansipan 3143. Normal route. 24 clients.
- Pou Long National park. Guided on 2 treks. 6 days each.
- Worked as a bicycle guide on two separate bike challenges from Saigon to Hanoi (8 days).

## **Africa**

### **Morocco:** Atlas Mountains.

- Jebel Toubkal 4200m (F) and 4 other 4000m peaks. Guided **6 x** successful expeditions.
- Jebel Toubkal 4200m. Guided **4 x** winter ascents.

### **Tanzania:** Kilimanjaro.

- Guided **60 x** expeditions to Kilimanjaro 5895m. Routes: Lemosho, Machembe, Western Breach, Rongai and Umbwe. Fast ascent of Umbwe /Western Breach route to summit down Mweka route 17hrs.
- Meru Peak 4656m. Guided **3 x** successful expeditions.

### **Uganda:** Ruwenzori Mountains.

- Margarita 5109m. South East Ridge. (AD solo)
- Trekking: Kabalega National Park to Murchison Falls (6 days).

### **Kenya:** Mount Kenya.

- Batian 5199m. North-Face route (TD) and Guided Mackinder's Route (D+)
- Nelion 5188m. Guided McKinnions route (TD+) and Shipton Route **3 x** (D-)
- Point John 4885m. Guided the Italian route(D) and South ridge route (D+)
- Point Thomson 4955m. (AD).
- Point Meluish 4880m. (AD).
- Point Lenana 4985m. Guided **18 x** successful expeditions.
- Extensive rock climbing in Kenya's prime locations. (Leading to F6c)
- Cherrangani mountains in West Kenya: Mt.Sekker 3400m, Koh3000m (D+), Sondhang 3211m and Mt. Kalelaikelat 3349m.
- Mount Longonaut 2800m.(volcano)
- Lonely Peak 1800m in Shaba National Park. (TD-)

Trekking: Matthew Ranges and climbed numerous peaks. (4 weeks, 2500m +)

### **Malawi:** Mulanje Massif.

- Sawpitwa 3002m. (Solo)
- Chinzama West Face. (AD+ Solo)
- Mt. Chambe East Face. Gordon Gully Route. (TD)

### **Egypt:** Sinai Peninsula.

- Started up Sinai's first rock climbing school.
- Guided clients climbing safaris to Wadi Quanai, Connection, and Kidd. **4 x** expeditions.
- Established six first ascents at Wadi Kidd. (Graded up to F6a)
- On-sights routes up to grade F6c: hardest routes climbed (lead) were graded F7a.

### Africa Trekking:

**Mozambique** Trekked Isla de Mozambique to the Tanzania border. (330 kms in 11 days)

**Zimbabwe** Guided Chimani-mani Mountains circuit. **2 x** (5 days). Guided Chimnani-mani range into Mozambique. Climbed the rarely climbed '5th range' (6 days).

**Ethiopia** Visited Simian Mountains.

**Eritrea** Explored mountain area of Keren Region. 2000m peaks

## Europe and the Arctic

**Greenland:** Scoresby Sound, Liverpool Land and Jamison's Land.

- Kaempehojen 1200m. New route. South-East Face. (AD+)
- Pk 1180m. South Ridge. (F)
- Tvillingerne 1430m. 'Colouir route. South-East Face. (AD)
- Pk.1230m. un-mapped: 'Hermione Peak. (AD)
- Anita's temple 1245m. First ascent. (D+)
- Pk 1364m. (D+ \*)
- Pk 1364m. New route on East Face. (PD+)

### Iceland

- Hvanadalshnukur 2110m. (AD)
- Guided week-long treks in the central highlands **5 x**.

### Romania

- Guided 2 treks of 5 days Carpathian Mountains.
- Recognition for a 5-day Fagaras mountains traverse.

### Switzerland

- Eiger 3940m. Mittelidge Ridge.(AD \*)
- Matterhorn 4462m. **5 x**. Zmuttgard-North West Ridge (D), Hornli Ridge (AD) and Lions ridge. (AD+)
- Matterhorn 4462m. Hornli Ridge. (AD \* Solo)
- Spaggeti traverse: 10 peaks in 5 days; Beithorn 3394m, Pollux 4099m (AD-) , Castor 4228m (PD), Piramide Vincent 4215m, Scharzhorn 4321m (PD), Ludwigste 4341m (F), Parrotspitze 4432m (AD) Signalkuppe 4554m (AD+), Zumsteinspitze 4563m (AD, Monta Rosa 4563m (AD+) on **2 x** occasions.
- Awarded the International Mountain Leader Award U.I.M.L.A (UIAA).

**France:** Pyrenees and Mont Blanc.

- Guided Haute Route trek **7 x** climbing 16 separate peaks.
- Guided **12 x** Peak Baum 3194m, Maupa Peak 3091m and Spejoiles Peak 3200m.
- Guided over **50 x** Aneto ascents 3404m. (F/PD. **21 x** winter ascents)
- Guided Vignemale 3300m. (Normal route. PD winter **10 x**)
- Vignemale 3100m. North Face direct route. (TD)
- Vignemale 3100 m. Delinquents of the useless. (ED 1. 6+)
- Circ de Gavarnie: Fluid Glacial. (TD)
- Circ de Gavarnie: Freezante (D+)
- Pic de la Pic 2700m. North Face. (TD \*)
- Pic de la Pic 2700m. North –East Ridge. Winter. (AD+ \*)
- Pic de Albe 3107m. Arete Gendarmes. (D-)
- Pic de Spiggeoles 3066m. South- East Face/Ridge. (D-)
- Pic de Spiggeoles 3036m. North-Face. LeGrand Diedre. (D+)
- Minor summits: Petit Vignemale 3050m. 'Serac route' (AD), Maupa Peak 3109m, EastRidge (AD), Crabioules 3116m (AD+), Pic de Portilion(AD-) and Maldeta 3308m Traverse North-South (AD+)
- Rock-climbing to leading grade F7a.

- Extensive Ice-Climbing at Val de Aran, Luchon, Bielsa and Cirque De Gavarnie. Over 100 routes up to WI 5+ routes (8x WI4 Solo.)
- First ascent: Grade WI 5 ice route. First ascent: 3 x WI 4 ice routes.
- Climbing instructor on many rock, ice and alpine skills development courses.
- **Alps:** Mt Blanc 4810m. Guided 2 x Gouter route.

### **United Kingdom**

- Worked as an outdoor instructor teaching team building, rock climbing and expedition skills.
- Rock-climbing to grade E2. 200+ routes. Devon, Cornwall, Wales and the Peak District.
- Awarded Mountain Leader and Single Pitch Climbing Instructor awards.
- Scotland: Crowberry gully (D), Moon gully buttress (AD), Italian climb (D), Curtain route (TD), Tower ridge (D) Point Five (TD) and Ledge Route (PD).
- Wales: Worked as a climbing instructor for 12 weeks.

### **Russia**

- Elbrus 5642m. Guided **9 x** ascents of North-South Traverse and **6 x** of the Normal route.

### **Jungle** (1991-2016)

#### **Africa**

**Zaire:** Congo Rainforest Basin.

- Paddled using local dugout canoes 1100 kms of the Congo and Mawimi rivers. (6 weeks)
- Trekged from Beni to Kisingani. (450 kms in 1 month)

#### **Tanzania**

- Attempted to paddle the previously un-paddled Ifakara River (tributary of the Rufuji River) in the Selous National Park. Unsuccessful due to hippopotamus attack.

#### **Malawi**

- Paddled using local dugout canoe 170 kms along northwest shore of Lake Malawi.

#### **South America and Central America**

**Brazil:** Amazon Basin.

- Paddled using a local boat 1100 kms of the Rio Madeira and tributaries Expedition sponsored by Australian Geographic Society. Bolivia Amazon Basin. (5 weeks)
- Paddled using local dugout canoe the Rio Beni. (Solo, 500 kms 3 weeks)
- Paddled using local dugout canoes the Rio Mammore and tributaries. (1500 kms 9 weeks)

**Bolivia:** Amazon Basin.

- Paddled Rio Paraguay, Rio Itenez and Rio Mammore. (1700 kms 6 weeks)
- Trekged through remote Noel Kempf Mercado rainforests. (9 days)
- Rafted upper section of Rio Tuchi. Madidi National Park. (6 days. Grade 4)
- Guided on various jungle treks including the Mapiro Trail and Choro Trail. (10-7 days)

**Ecuador:** Amazon Basin.

- Recognisance expedition. Set up cultural and naturalist program. (2 weeks)
- Worked as a rainforest guide. **2 x** 10 day cultural and naturalist expeditions.

**Peru:** Amazon basin

- Guided the Rio's Perene and Tambo (400 km S.E Peru) using balsa rafts, local dug-out canoes and motorised boats. (2 weeks)

## **Panama**

- Reconnaissance expedition. Found route to link Pacific Ocean with Caribbean Sea. Coast to coast walk. San Blas region. Jungle walk. (2 weeks)

## **Costa Rica**

- Guided 4 x 7-day long jungle/volcano treks.

## **Desert (1989-2017)**

### **Australia**

- Led treks through remote parts of Mac Donald ranges, Mt.Giles and Olga Wilderness areas of the Australian interior. (Each trek over 7 days)

### **Africa**

#### **Morocco:** Sahara

- Guided on 7 x Sahara desert treks. (6 days each trek)

#### **Kenya**

- Trekked remote west shore of Lake Turkana to Ethiopia border. (10 days)
- Led trek through Matthew range and crossed Chalbi desert in North Kenya. (17 days)
- Lived with remote Samburu communities (2 months) and studied tribal customs and partaking in local ceremonies.

#### **Ethiopia**

- Trekked along course of Bako River in Western Ethiopia. (140 kms in 1 week)
- Trekked along course of the remote Omo River in Southern Ethiopia to Lake Turkana in North Kenya. (11 days)
- Trekked to source of Blue Nile. (110 kms in 3 days)
- Lived with remote Hammar communities and studied tribal traditions. (3 weeks)

### **South America**

#### **Chile**

- Cycled 500 kms across Atacama Desert. (10 days)

## **Ocean (1986-2018)**

### **Iceland**

- Sailed from Plymouth (UK) to Ireland then to Iceland, Gaff rigged Yacht. (3 weeks)

### **Australia**

- Obtained scuba license (F.A.U.I) and participated in diving expeditions nationwide.

#### **Egypt:** Sinai Peninsula.

- Obtained professional scuba diver qualifications (PADI Dive-master) and logged over 300 working dives. (Day check night boat safari and rescue dives)
- Dived extensively in Dahab area as well as leading safari dives to Ras Mohammad, the Straits of Tiran, Gabr el Bint and various other sites in the Red Sea. (110 dives)
- Logged over sixty deep dives (65m+) and set a personal deep diving record of 105m.
- **Honduras:** worked as a divemaster on Utila Islands for several weeks.

- **Thailand:** recreational diving from Koh Lipe Island, 6 dive locations.
- **Borneo:** recreational diving from Khatu Kinabalu.