

# Expedition C.V

**Rolfe Oostr** (Australian born 1970) Professional Alpine Climber. International Expedition Leader.

BSc (Ecology/Biology), FRGS, UIMLA (UIAA), Rock-climbing Instructor Award, Expedition First Aid Instructor, PADI (Divemaster).

## Mountain (1984-2022)

**Alpinism/Mountaineering:** Grades in French Alpine scale. A \* indicates route was completed but summit of the peak not reached, due to due to adverse conditions and/or objective danger.

### High Altitude Expeditions:

Summary: 75 x 6,000m peaks, 5 x 7,000m peaks, 7 x 8,000m peaks.

## OCEANIA

### Australia: All states and Territories

- Rock-climbed over 1,000 rock routes. Leading grade 23 (F6c).
- Extensively developed Ginninderra Gorge area. 12 first ascents up to grade 23 (F6c).
- Worked as a climbing instructor on weekends.
- Climbed "Ozymandias" (M5 multi-day aid route) and several other hard aid routes at Mt. Buffalo
- Extensive ski touring, snow camping and ice climbing during four winter seasons in Kosciusko NP.
- Mount Kosciusko (2,228m): Two summer ascents. One winter ascent.

Trekking: Kangaroo Island trek from Cape Borda to Cape de Quediac. (8 days.)

NSW national parks: Kosciusko, Morton, Washpool, and Girraween. (Treks 5+ days in duration.)

Taught Kayaking and canoeing for two summer seasons on the Murrembidgee River.

Tasmania: Western and Eastern Arthurs, Overland, Mt. Anne and Freycinet Peninsula. (Treks 7+ days in duration.) Kayaked Georges River (5 days) and sea kayaked north west coast (4 days).

### New Zealand: Southern Alps.

- Mt. Cook (3,755m): North-West Couloir (AD), Porters Col (AD), Earls Ridge (D), Sweet Dreams (TD \*). Hooker Face route (D\*), Zubriggens Ridge (AD) and Linda Glacier route (AD \*)
- Mt. Tasman (3,498m): Via Heemskirk Face (TD) and Silberhorn (AD+)
- The Footstool (3,279m): East Face (D) and Normal route (AD)
- Mt. Lendenfield (3,199m): Normal route (PD+) and Peter Hillary route (D)
- Silberhorn (3,279m): Silberhorn Ridge (AD)
- Malte-Brun (3,198m): Zig Zag route (D \*)
- Mt. Hadinger (3,066m). West Face. (AD+)
- Mt. Dixon (3,022m): (PD+)
- Minor summits: Peak 9914 (PD), Hotchetter Dome (2,822m) (PD), Augille Rouge (AD), Almer (F), Mt. Seally (PD), Mt. Massey (PD), Mt. Wakefield (F), Madonna Peak (PD), Lean Peak (F), Bride Veil Peak (AD)

Trekking: Circumnavigation of Steward Island, 18 days (solo). Crossed Copland Pass in winter (solo). Trekked Frenchman's Hut /Mount Aspiring.

## **NORTH AMERICA**

**USA:** Denali (6,180 m): West Buttress. Summit with 2 clients.

## **SOUTH AMERICA AND CENTRAL AMERICA**

**Bolivia:** Cordillera Real and Cordillera Apolobamba.

- Pico Choss (5,000m): (PD)
- Pico Oro (5,200m): Winter. Solo. (PD)
- Pico Shultze (5,943m): Southeast face route-variant. (AD)
- Ancohuma (6,427m): West face. (AD)
- Ancohuma (6,427m): North ridge. New route. (D+ \*)
- Illampu (6,368m): South-west ridge. (D \*)
- Illimani Norte (6,403m): Guided South ridge. (D-)
- Guided for eight months in mountains near Sorata village. 6 climbs.

Trekking: Guided Camino de Oro trek (5 days). Led Yunga Cruz trek (3 days). Trekked Cocoyo region (6 days). Trekked Cordillera Apolobamba National park (7 days).

**Peru:** Cordillera Blanca

- Taught alpine skills courses and ice climbing courses at Pico Pastoruri (5,240m) - one season.
- Pukaraju (5,346m): Guided South face. (PD)
- PiscoOeste (5,752m): Guided S-W ridge.3 clients (PD+).
- Pisco Oeste (5,752m): Guided S-W ridge.2 clients (PD+).
- Churrua-Chico (5,100m): Guided 2 clients. 10 hrs from Huaraz. (PD-)
- Alpamayo (5,947m): Guided Ferrari route 2 x. (AD/D).
- Shaqsha (5,703m.): Guided North-west face. (AD \*).
- Shaqsha (5,703m): South-ridge (AD). One day from Huaraz.
- Huascarán Norte (6,655m): Guided S-E ridge. (AD).
- Huascarán Sur (6,768m): Guided Garganta route 2 x (PD \*).
- Copa. 6188m. South -East face. (AD+/D)
- Huandoy. 6395m. North-east face. (D+ \*).
- Bayo/Haupi. 5415m. South-west ridge. (AD).
- Peak 5330. (5330m). Guided west slope. (F)

Trekking: Guided Santa Cruz trek. 4750m **2 x** (4 days). Guided the Inca trail **8 x** and Lares valley **2x**

**Argentina:** Cordillera's Aconcagua, Ramada and Tupungato.

- Aconcagua (6,962m): Direct-Polish Glacier. (D+ solo \*)
- Aconcagua (6,962m): Nidos de Condores route. **2 x** solo.
- Aconcagua (6,962m): Guided **18 x** expeditions. Nidos and Traverse routes.
- Aconcagua (6,962m): Speed ascent BC to C2 in 2hrs. C2 to summit in 4 hrs.
- Pico Bonete (5,035m): **7 x** occasions. (F)
- Pico Ameghino (5,860m): from the Polish glacier route. (PD. solo).
- Pico Castillo (5,300m): N-E couloir (D+)
- Tupungato (6,570m): West ridge. (From Tupungato village, PD, solo).

- Mercedario (6,770m): North-east glacier. (AD).
- Mercedario (6,770m): South face. (Japanese route, D-, solo).
- La Plata (6,035m): Normal route. (F).
- Climbed 14 routes at Los Arenales up to grade F6a+ (multi pitch). 3,000m rock spires.

**Chile:** Patagonia Trekking.

- Guided on the Torres del Paine circuit.
- Worked as a horse-riding guide on an across the Andes horse traverse.

**Nicaragua:** Sierra Mogodon.

- Volcan Madeira (1,394m)
- San Juan peak (865m)
- Selva Negra peak (1,457m)
- Mogodon (2,438m)

## ASIA

**Pakistan:** Karakoram

- Peak (5,800m) rock spire. (D)
- Gondogoro Peak (6,000m). (F).
- Drangra Peak (6,310m): West face. (Mixed route, AD+).
- Masherbrum \* (7,820m).
- Great Trango Tower (6,284m): Guided successful ascent. American route variant. NE face (TD).
- Gasherbrum II (8,035m)

Trekking: Batura glacier (8 days).

**India:** Ladakh region

- Stok Kangri (6,153m): Guided **4 x** successful ascents. Normal route. Total: 42 clients.

**Nepal:** Hinku and Khumbu valleys.

- Mera peak. 6476m. Guided **17 x** Expeditions (F) North, Central and South summits.
- Lobuche West (6,135m): South ridge. (AD+ Solo.)
- Lobuche East (6,200m): Guided normal route (PD+.) **7 x**
- Peak 41. North- Front summit. (6,120m): North-West buttress.(D+).
- Island Peak (6,189m): Guided **7 x** successful expeditions. (PD)
- Island Peak (6,189m): South west ridge. (AD)
- Kussum Kanguru (6,468m): (D+ \*)
- Yala Peak (5,500m): NE ridge. (PD)
- Ama Dablam (6,812m): Guided **3 x** expeditions, 1 x summit with 3 clients. (AD+)
- **Manaslu** (8,165m): Guided 4 clients. Successful summit with 2 clients.
- **Mount Everest** (8,848m): Evacuation from Camp 1 (6,100 m) after 2015 earthquake.
- **Mount Everest** (8,848m): Successful summit. (1 client).
- **Lhotse** (8,516m): Reached 8,000m. No summit due to dangerous conditions.

Trekking: Guided Everest base camp trek **14 x** (5,350m) and Kala Patar 12 x (5,600m). Guided Annapurna sanctuary (4,200m).

**Tibet:** Himalaya-MahalungurHimal

- LhakpaRi (7,045m): Guided 6 clients. (PD+\*)
- Tridon Peak (6,420m): (solo AD+)
- **Mount Everest** (7,020m): North Col (PD)
- **Mount Everest** (8,848m): Successful expedition. 4 out of 6 clients summit.
- Changtse (Everest North Peak) (7,565m): Reached 7,415m from North Col (AD+)
- **Cho Oyu** (8,201m): Guided 2 x successful ascents in 24 hrs. 4 clients.
- **Cho Oyu** (8,201m): Guided successful expedition. 2 clients

**China**

- Muztagh Ata (7,548m): Guided successful expedition. First Australian ski descent.

**Bhutan**

- Guided Chomolhari BC trek (5,000m)
- Guided Druk path trek (3,800m)

**Vietnam**

- Guided Mount Fansipan (3,143m): Normal route. 24 clients.
- Pou Long National Park. Guided on 2 treks. 6 days each.
- Worked as a bicycle guide on two separate bike challenges from Saigon to Hanoi (8 day)

**AFRICA**

**Morocco:** Atlas Mountains

- Jebel Toubkal (4,200m): (F) and 2 other 4000m peaks. Guided **4 x** successful expeditions.
- Jebel Toubkal (4,200m): Guided **5 x** winter ascents.

**Tanzania:** Kilimanjaro

- Guided **60 x** expeditions to Kilimanjaro (5,895m). Routes: Lemosho, Machembe, Western Breach, Rongai and Umbwe route. Fast ascent of Umbwe / Western Breach route to summit down Mweka route: 17hrs
- Meru Peak (4,656m.) Guided **3 x** successful expeditions.

**Uganda:** Rwenzori Mountains

- Margarita (5,109m): South East Ridge. (AD. solo)
- Trekking: Kabalega National Park to Murchison Falls (6 days).

**Kenya:** Mount Kenya.

- Batian (5,199m): North-Face route (TD) and Guided Mackinder's Route (D+)
- Nelion (5,188m): Guided McKinnions route (TD+) and Shipton Route **4x** (D-)
- Point John (4,885m): Guided the Italian route(D) and South ridge route (D+)
- Point Thomson (4,955m): (AD)

- Point Meluish (4,880m): (AD)
- Point Lenana (4,985m): Guided **25 x** successful ascents.
- Extensive rock climbing in Kenya's prime locations (leading to F6c).
- Cherrangani mountains (West Kenya): Mt. Sekker (3,400m), Koh (3,000m) (D+), Sondhang (3,211m) and Mt. Kalelaikelat (3,349m).
- Mount Longonot (2,800m): volcano.
- Lonely Peak (1,800m): (TD-) Shaba National Park.

Trekking: Matthew Ranges and climbed numerous peaks (4 weeks, 2,500m +).

**Malawi:** Mulanje massif.

- Sawpitwa (3,002m): Solo.
- Chinzama: West face. (AD+. solo).
- Mt. Chambe: East face. Gordon Gully Route. (TD).

**Egypt:** Sinai Peninsula.

- Started up Sinai's first rock climbing school.
- Guided clients climbing safaris to Wadi Quanai, Connection, and Kidd. **4 x** expeditions.
- Established six first ascents at Wadi Kidd. (Graded up to F6a).
- On-sights routes up to grade F6c: hardest routes climbed (lead) were graded F7a.

Africa Trekking:

**Mozambique:** Trekked Isla de Mozambique to the Tanzania border. (330 kms. 11 days.)

**Zimbabwe:** Guided Chimani-mani Mountains circuit. **2 x** (5-day trek). Guided Chimani-mani range into Mozambique. Climbed the rarely climbed "5th range" (6 days).

**Ethiopia:** Visited Simian Mountains.

**Eritrea:** Explored mountain area of Keren region (2,000m peaks)

## EUROPE

### Iceland

- Hvanadalshnukur (2,110m): (AD)
- Guided week-long treks in the central highlands **5 x**.

### Romania

- Guided 2 treks of 5 days Carpathian Mountains.
- Reconnaissance for 5-day Fagaras Mountains traverse.

### Switzerland

- Eiger (3,940m): Mittelidg Ridge (AD \*).
- Matterhorn (4,462m): **5 x**. Zmuttgard-North west ridge. (D), Hornli Ridge. (AD), Lions ridge. (AD+)
- Matterhorn (4,462m): Hornli Ridge. Solo. (AD \*)
- Dent Blance (4,356m): South ridge (AD)
- Spaggeti traverse (10 peaks in 5 days): Beithorn (3,394m), Pollux (4,099m) (AD-), Castor (4,228m) (PD), Piramide Vincent (4,215m), Scharzhorn (4,321m) (PD), Ludwigste (4,341m) (F),

Parrotspitze (4,432m) (AD), Signalkuppe (4,554m) (AD+), Zumsteinspitze (4,563m) (AD), Mont Rosa (4,563m) (AD+) on **2 x** occasions.

- Awarded the International Mountain Leader Award. U.I.M.L.A (UIAA)

## France: Pyrenees and Alps.

### Pyrenees:

- Guided Haute Traverse 7 x climbing 16 separate peaks.
- Peak de Baum (3,194m), normal route (winter F, 4 x)
- Aneto (3,404m) 100+ ascents: (F) 50+ winter ascents (PD).
- Vignemale (3,300m): Normal route. PD winter and summer 22 x
- Vignemale (3,100m): North Face direct route. (D+) and Delinquents of the Useless. (ED 1. 6+)
- Pic de Gare (2,765m), Ginzeng, 14 pitches, (TD 6C)
- Circ de Gavarnie: Fluid Glacial. (WI 4+, 3 x), Freezante (WI 4), Ice Folle (WI 4+), Banzayous (WI 4)
- Pic de la Pique (2,700m): North face. (D -) and East ridge (winter AD)
- Pic de Albe (3,107m): Arete Gendarmes (D-)
- Pic de Spejoiles (3,066m): South-east face/Ridge (D-) and North-face, LeGrand Diedre (D+)
- Petit Vignemale (3,050m): "serac route" (AD) and normal route (winter F) 12 x
- Maupa Peak (3,109m): East Ridge (AD) and Normal Route, (F) 3 X
- Crabioules (3,116m) (East-West traverse AD+)
- Pic de Portilion (AD-) normal route. (AD)
- Malladeta (3,308m): East-West traverse (winter AD+) and Normal Route 6(winter PD, x 8)
- Rock-climbing on French and Spanish crags of Haute Pyrenees leading grade F7a
- Extensive Ice-Climbing at Val de Arran, Luchon, Bielsa and Cirque De Gavarnie. Over 100 routes up to WI 5+ routes (8x WI4 solo.)
- First ascent: Grade WI 5 ice route. First ascent: 3 x WI 4 ice routes.
- Climbing instructor on rock, ice and Alpine skills development courses.

### French Alps:

- **Mt Blanc** (4,810m): Guided 2 x Gouter route.
- Aiguille de la Gliere (2,852 m): Chappelle de la Gliere (D+)
- Aiguille de Index (2,595m): South-east ridge. (D, solo)
- Aiguille Purtscheller (3,475m): South ridge (AD)
- Aiguille du Tour (3,542m): Normal route (F), West ridge (AD)
- Aiguille Chardonnet (3,824m): Forbes Arete (AD+)

## United Kingdom

- Worked as an outdoor instructor teaching team building, rock climbing and expedition skills.
- Rock-climbing to grade E2. 200+ routes. Devon, Cornwall, Wales and the Peak district.
- Awarded Mountain leader awards and Single Pitch climbing instructor award.
- Scotland: Crowberry gully (D), Moon gully buttress (AD), Italian climb (D), Curtain route (TD), Tower ridge (D) Point Five (TD), Ledge Route (PD).
- Wales: Worked as a climbing instructor for 12 weeks.

## Russia

- Elbrus (5,642m): Guided **8 x** ascents of west summit. (N-S traverse) and **6 x** of the Normal route.

## **Polar (2000 -2022)**

### **Greenland**

- Scoresby sound, Liverpool land and Jamison's land.
- Kaempehojen (1,200m): New route. South-east face. (AD+).
- Pk (1,180m): South Ridge. (F).
- Tvillingerne (1,430m): "Couloir route". South-east face. (AD).
- Pk (1,230m): un-mapped "Hermione Pk." (AD).
- "Anita's temple" (1,245m): First ascent. (D+.)
- Pk (1,364m): (D+ \*) •
- Pk (1,364m): New route. East face. (PD+)

### **Antarctica**

- Mount Vinson (4,892m): Normal route: (F) worked as assistant guide. Guided 2 teams, and climbed west ridge (AD). Total 9 ascents.

## **Desert (1989-2017)**

### **AUSTRALIA.**

- Led treks through remote parts of Mac Donald ranges, Mt. Giles and Olga Wilderness areas of the Australian interior. (All treks more than 7 days in duration.)

### **AFRICA**

#### **Morocco: Sahara**

- Guided on seven Sahara Desert treks. (6 days each trek )

#### **Kenya**

- Trekked remote west shore of Lake Turkana to Ethiopia border (10 days).
- Led trek through Matthew range and crossed Chalbi desert (17 days). North Kenya.
- Lived with remote Samburu communities (2 months) and studied tribal customs, partaking in local ceremonies.

## **Ethiopia**

- Trekged along course of Bako River. 140 kms. Western Ethiopia (1 week).
- Trekged along course of the remote Omo River (southern Ethiopia) to Lake Turkana (north Kenya). 11 days.
- Trekged to source of Blue Nile. 110 kms. 3 days.
- Lived with remote Hammar communities and studied tribal traditions. (3 weeks.)

## **SOUTH AMERICA**

**Chile:** Cycled 500 kms across Atacama Desert. (10 days.)

# **Jungle (1991-2016)**

## **AFRICA**

**Zaire:** Congo rainforest basin.

- Paddled using local dugout canoes 1100 kms of the Congo and Mawimi rivers. (6 weeks.)
- Trekged from Beni to Kisingani. (450 kms. 1 month.)

## **Tanzania**

- Attempted to paddle the previously un-paddled Ifakara River (tributary of the Rufuji River) in the Selous National Park. Unsuccessful due to hippopotamus attack.

## **Malawi**

- Paddled using local dugout canoe 170 kms along northwest shore of Lake Malawi.

## **SOUTH AMERICA AND CENTRAL AMERICA**

**Brazil:** Amazon Basin

- Paddled using a local boat 1100 kms of the Rio Madeira and tributaries. Expedition sponsored by Australian Geographic Society. Bolivia Amazon basin. (5 weeks.)
- Paddled using local dugout canoe the Rio Beni. (Solo, 500 kms. 3 weeks)
- Paddled using local dugout canoes the Rio Mammore and tributaries (1500 kms. 9 weeks.)

**Bolivia:** Amazon Basin.

- Paddled Rio Paraguay, Rio Itenez and Rio Mammore. (1700 kms 6 weeks.)
- Trekged through remote Noel Kempf Mercado rainforests. (9 days.)
- Rafted upper section of Rio Tuchi. Madidi National Park. (6 days. Grade 4).
- Guided on various jungle treks including the Mapiro trail and Choro trail. (7-10-7 days.)

**Ecuador:** Amazon Basin

- Reconnaissance expedition. Set up cultural and naturalist program. (2 weeks.)
- Worked as a rainforest guide. 10 day cultural and naturalist expeditions. **2 x**



**Peru:** Amazon basin

- Guided the Rio's Perene and Tambo (400 km S.E Peru) using balsa rafts, local dug- out canoes and motorised boats. (2 weeks.)

**Panama**

- Reconnaissance expedition. Found route to link Pacific Ocean with Caribbean Sea. Coast to coast walk. San Blas region. Jungle walk. (2 weeks.)

**Costa Rica**

- Guided 7-day long jungle/volcano treks **4 x**.

## Ocean (1986-2018)

**Iceland**

- Sailed from Plymouth (UK) to Ireland then to Iceland, Gaff rigged Yacht. (3 weeks.)

**Australia**

- Obtained scuba license (F.A.U.I) and participated in diving expeditions nationwide.

**Egypt:** Sinai Peninsula

- Obtained professional scuba diver qualifications (PADI Divemaster) and logged over 300 working dives. (Day check, night boat safari and rescue dives).
- Dived extensively in Dahab area as well as leading safari dives to Ras Mohammad, the Straits of Tiran, Gabr el Bint and various other sites in the Red Sea. (110 dives)
- Logged over sixty deep dives (65m+) and set a personal deep diving record of 105m.

**Honduras:** Utila Islands

Worked as a divemaster on Utila island for several weeks.

**Thailand:** Koh Lipe Island

Recreational diving. 6 dive locations

**Borneo:** Kota Kinabalu

Recreational diving.